



# The Spirit

Vol. I Iss. I

Saint Joseph's College, Brooklyn, N.Y.

December, 1995

## We're Back

By Gene Adele Hoge

The year was 1992. It was an impossible situation. According to source Sherrie Van Arnam, only one person knew how to use the complex computer program needed to put the newspaper in print. Once he got a job, continuing his work on the paper was extremely hard for him. With no one to take his place, the newspaper ceased. So, under editor-in-chief Theresa McFeeley, they printed the last issue of The Spirit.

Until now.

It has taken three years, but once again, The Spirit is being brought to you. Under the leadership of editor-in-chief Seth Broidy, and with enthusiastic admissions counselor Chris Kaiser as the moderator, we intend to be here for quite a while.

Continuous problems have plagued The Spirit, connected with lack of time, resources, or interest. But a new generation of leaders have taken over the helm. The staff of the paper consists of first year students Gene Adele Hoge, Edward Joyce,

Christina De Garay, Tai Ming Lee, Jr. and junior Lorna Lembhard. However, the paper is for you, and if you would like to make a contribution, you are more than welcome to do so.

What will the paper provide you might be wondering? The Spirit will include news articles, features, sports articles, music and movie reviews, an advice column, a creative corner, and anything else that will interest you.

So why take the time, effort, and energy to bring the paper back from the dead? The answer is simple. A newspaper is a valuable resource every college should have. A newspaper aspires to be a representation of a collective school spirit, a testimony of our lives and times for all to see. That is our goal. That is what we intend to be.

So, without any further ado, The Spirit has returned to St. Joseph's College. It is back, and this time, it plans to stay.



Members of the Admissions club.

## Fall Open House a Success

Submitted by Admissions

St. Joseph's annual Fall Open House, held Sunday, November 5, 1995, was a great success. One hundred high school and college transfer students visited the St. Joe's campus on a beautiful, sunny Autumn afternoon to tour the facilities, and talk to SJC faculty, students and administrators.

"My impression is that the faculty cares a great deal about every student. I also feel that St. Joseph's is the best college to receive a great education!" stated one enthusiastic high school student.

Each visitor was given a tour of campus by student members of the Saint Joseph's College Admissions Club, alumni volunteers, or Admissions staff members. Each student also had an opportunity to receive one-on-one faculty advisement in their area of interest. The Financial Aid office offered individual advice to each Open House participant in the Alumni Room. The prospective SJC students also attended a panel discussion led by current SJC students.

In a survey distributed to the Open House guests, the majority of respondents cited SJC's warm and friendly people as the number one reason they enjoyed their visit. In response to the question "For what reasons are you considering applying to St. Joseph's College?" most students mentioned the overall academic quality and the welcoming environment.

Most significant is the fact that 100% of the survey respondents said that they plan to apply to St. Joseph's College!

"We could never have the phenomenal Open Houses that we do without the terrific support of our students, faculty and administrators. They are the best advertisement for the excellence of St. Joseph's College!", said Gerri Foudy, Director of Admissions. "We are very grateful to everyone who helped us out with the most important recruiting event of the year."



Members of the SPIRIT staff, (from left to right), Seth Broidy, Gene Adele Hoge, Tai Ming Lee, Jr., Christina DeGaray.

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# A Working Student: A Full-time Job with A Full-time Schedule

By Tai M. Lee, Jr.

It's 10:00 PM. I'm in the stock room of Genovese Drug Stores at 13-19 East 8th Street in the Village. I have only eight hours before I leave and return to school for Chemistry Lecture at 8:45 AM. What on earth drove me to this? What person in their right mind would choose to have a full-time job while being a full-time student at the same time? Well, considering how crazy a person can be, I decided to try something a little different.

At 8:45 I have chemistry. Immediately following that, there's calculus. And there's so much more that I really don't want to announce. Of course, there's all those clubs that I am a part of - Admissions, Chapel Players, Chorus, Science, Child Study, etc. The time I spend here at school is spent running around like a chicken with its head chopped off. In addition, I have the full-time job at Genovese. I generally leave SJC at about 8 PM and get into the city at about 8:45-9:15 (depending on those wonderful subways). My job title is: Overnight Cashier/Stock Associate. I aid in the reception of truck deliveries and allocate the goods to the aisles and down to the basement. From ten o'clock to six in the morning, I'm running around, much like I do when I am here at school.

What is it like? Well, the average person gets about eight (8) hours of sleep a night. In an average week, I get about eight hours of sleep, the same amount of sleep that the average person gets (or is supposed to get). I tend to doze off in Mr. Sequeira's biology lecture, or in calculus. And with my busy curricular and extra-curricular activities, I find little time for myself to catch some shut-eye before leaving here to go to work. And, with finals coming around the corner, I find myself envisioning a sleepless week.

How did I get myself into this? I pay for my education here at St. Joseph's. I get some financial help from my parents, but I try to keep their contributions to a minimum, since I have a brother and two sisters at home, all

younger than myself. Everything my parents make goes towards bills, food, and my siblings. I'm pretty much on my own, so I have to find a way to raise the money for spending (which usually comes up to about \$10-15 a day) and paying for college. I also help my parents as best as I can so that they don't have to be burdened with all the bills and all the headaches.

Will I ever lead a normal life, or enjoy the rest of my years here at SJC? I would really like to enjoy my time here. In fact, I am. I have a baseball team of friends that are concerned about me. We all get together for breakfast every morning and just have a good time. There are times that I am concerned about my health. There are times that I wish I was unemployed. And there are times that I wish that I did not have to worry about the burden of having to pay for my education and extra expenses. But, I am still alive and well and doing fairly well in my classes. And I do intend on having fun, even if it means less partying and going out every weekend.

Working is indeed a great experience. You meet the various types of people that make up our city and you learn to handle different types of situations with different kinds of people. But, if you are a full-time student, try not to take on a full-time job. You can experience serious sleep deprivation and your grades may start to slip. Getting a part-time job is adequate enough, and if you really need to work full time, find me and I'll give you the entire story.

**74% of SJC students work.**

**16 % work 1-10 hrs./week  
40 % work 11-20 hrs./week  
6 % work 21-30 hrs./week  
10 % work 31-40 hrs./week  
2% work 41-50 hrs./week**

# The Ferret Returns: Scientists Help Bring Endangered Animals Back to Life.

Based on Catherine Dold's article in the NYTimes

For the last decade, hunters have decimated nearly 90% of all prairie dogs here in the USA. This catastrophic decline in population has led to the tragic fall in numbers of the black-footed ferret. Since 1967, the black-footed ferret has been an endangered species. Their primary prey: prairie dogs. Their primary predator: starvation.

It wasn't until recently that biologists have tried to rebuild the ferret population. Scientists have found that diseases, too, lead these animals to their deaths. At the Sybille Wildlife Research Center in Wyoming, scientists are trying to keep on a constant look out for these diseases. Visitors to the center have to remove their street clothes, bathe, and disinfect themselves before putting on blue coveralls and surgical masks to see the animals. This system of keeping out germs and diseases has helped the ferret population grow from about two dozen to more than 1400 individuals.

The scientists have also tried to control the decimating factors. But, out in the wild, the hunting of prairie dogs and diseases cannot be controlled. Since 1991, 228 captive-born ferrets were released into the Shirley Basin. Only seven of these animals are known to be still alive. In 1993, 30 ferrets, both captive-born and wild-born, were released into the valley. Last year, the population was down to 10. There is reason to believe that the two-thirds that had died succumbed of starvation.

Biologists, Mr. Bob Oakley, supervisor of the releases with the Wyoming Game and Fish Department, and Mr. Glen Staley, a Wyoming Game and Fish field crew leader, are optimistic about the coming back of the black-footed ferret and the prairie dogs. Dr. Tom Thorne, a Wyoming Game and Fish veterinarian, says: "I am optimistic that they [the ferrets] can fight it [the diseases] off themselves." But, he also believes that if they can't, the ferrets would be allocated to a few zoos with the knowledge that the species cannot survive.

Despite the optimism, the program, along with other wildlife preservation organizations, are lacking the funds to proceed with their studies. The Department of the Interior's appropriation bill on endangered species was cut by 38%. The budget for the recovery effort itself is \$2.2 million. The ferret is "the most endangered mammal in North America," says Robert Ferris, director of the Species Conservation Division of Defenders of Wildlife. He believes that despite the cuts, the program should go on and "Eventually we will get it right."

*If you ever have any questions or concerns about the conservation of wildlife here in the city, state, and country, contact:*

*Your local government office  
The ASPCA (American Society for the Prevention of Cruelty to Animals)  
The Humane Society of the United States of America  
The World Wildlife Federation*

## THE SPIRIT

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*The Rouse Family  
Arthur, Sabrina, Bobbi Lyn,  
Kari Ann, and Bret.  
Lived together, loved together.  
Killed together.  
August 20, 1991  
Gansevoort, NY*



If you don't stop someone from driving drunk, who will? Do whatever it takes.

**FRIENDS DON'T LET FRIENDS DRIVE DRUNK.**



**DID YOU KNOW?**

- About two in every five Americans will be involved in an alcohol related crash at some time in their lives.
- About 297,000 people were injured in crashes where police reported that alcohol was present - an average of one person injured approximately every two minutes in the United States in 1994.
- There were 16,589 alcohol-related fatalities in 1994 - 40.8 percent of the total traffic fatalities for the year.

**YOUR SUPPORT PRODUCES RESULTS:**

Traffic fatalities in alcohol-related crashes dropped by five percent from 1993 to 1994. The 16,589 alcohol-related fatalities in 1994 represent a 30 percent reduction from the 23,758 alcohol-related fatalities reported in 1984. However, this still represents an average of one alcohol-related fatality every 32 minutes.



U.S. Department of Transportation



# THE COMMERCIALIZATION OF CHRISTMAS

By Eddie Joyce

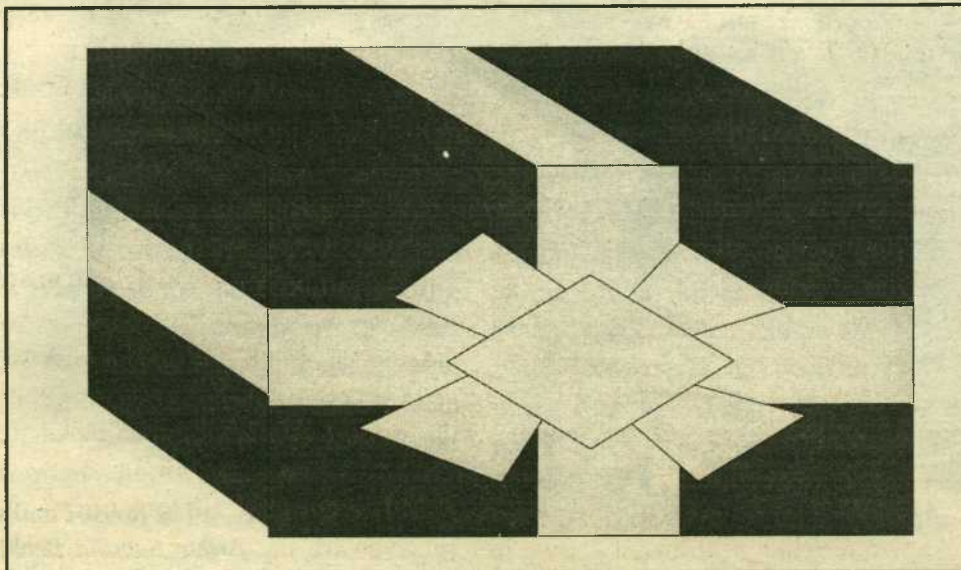
How many shopping days till Christmas? This is the major concern on our mind from Thanksgiving until Christmas Eve. We worry about time to shop; if items we know our family and friends want will be available; and if we can afford them. How can we keep this stress from playing the leading role in our Christmas and Holiday Season?

First, let's examine some of the causes of this problem. From October until Christmas you will notice many advertisements that target the holiday shopper directly or indirectly. All sorts of children's toys and games are vigorously advertised. How many new video games have come out just in time for the holidays? If you have younger siblings, you will probably be hearing "Mommy, buy me this" or "Daddy, I really need that". The fact is these advertisers have effectively made children greedy at a time when they should be learning that it is better to give than to receive.

If you think that this early and ruthless advertising is outrageous, then you have definitely taken notice of the fact that most stores are decorated in October and Christmas merchandise is put on sale in huge displays in order to get you in the *shopping spirit*. By the time the holiday actually arrives you feel like waiting on your roof on Christmas Eve to take target practice at Santa's reindeer.

Now that we have examined some of the causes of the commercialization of Christmas, let's try to come up with some solutions and alternatives. First, keep in mind what it is that we would like to get out of this holiday season. Is it being close to your family and friends, a feeling of joy, a sense of renewal? Perhaps you would like to be closer to God. (In spirit, that is, not because of a stress related heart attack!)

Going to Church for midnight mass, might accomplish this. It might even help you cope with the stress or depression that comes with the death of a family member or loved one at the holidays. Perhaps you will find that the best way to be with this spe-



cial person is through God and prayer.

Do you want to become closer to your family? Perhaps your older sister will be coming home from college. Your grandparents will be coming from out of town. During the week, you want to spend a day with friends you don't see very often. Christmas is a great opportunity to spend time with the people you love. Make it count. Talk to your grandparents while they are here instead of watching T. V. Spend an afternoon out with your sister while she is here. Take your little brother to the movies. Help mom or dad cook the turkey. It will be a great time to catch up on things you might not talk about each day. It is these things that form lasting memories. This is one major aspect where the little things count. And it's not stressful.

The holiday season was originally meant to be a time of joy. We can get back to that by resurrecting some of the old holiday traditions which were part of Christmas in the past. Christmas parties are always a lot of fun. Go Christmas caroling. I did that for the first time last year. I couldn't believe how much fun it was. Hang your stockings; you're never too old to believe in Santa Claus. Think of Santa as the Christmas spirit personified. His elves made the toys, they didn't buy them. Also, everyone is supposed to get something from Santa--from the rich to the poor. Remember those less fortunate than you. Donate toys to charitable organizations, or food to local churches or organizations which would distribute

it to those in need. This is one of the best things you can do at Christmas, remembering Christ who sacrificed for us.

As far as gift giving goes, don't shop for expensive items if you can't really afford them. Buy gifts that will fit the recipient's personality. These do not necessarily need to be expensive. They might be very inexpensive or free. Last year I bought my mother a Johnnie Mathis Christmas album on compact disk; my grandmother had it on vinyl but it is very scratched and worn. My mother told me that she had enjoyed that CD more than she would have enjoyed something more expensive, being that it came from the heart. Keep that in mind when browsing through the department stores during the holiday season. Remember that the value of the gift is in the thoughts, not the price tag.

Finally, teach younger siblings and your family in general about the true meaning of Christmas. Armed with this, they can combat the commercialization of Christmas, and help promote the true, greater meaning of Christmas.....

## VANITIES:

Behind the Scenes

By Tai M. Lee, Jr.

"Two bits, four bits, six bits, a dollar!" That marked the beginning of a new era in Chapel Players history. For the first time in decades, a new director brought a play to St. Joe's. Mike Cesarano brought "Vanities" to life with Anne Conway as Joanne, Valerie Prasquer as Kathy, and Kim Capecci as Mary. The play was three scenes long and showed the transition of three girls whom were the best of friends to three women who had not changed in a ten-year span, but saw each other in a different light.

As "sound board operator," I had the opportunity to catch a glimpse of what occurred both on and off stage before and during the production. The three actresses were superb in knowing their lines and knowing exactly where exactly to be at any point of the play. In my experience with the actresses, Mike, Mirella Treglia, Julie Donnaruma, Sherene Rahman, and Edie Nott, I find that my first participation in the production of a play was successful. The cast and crew were cooperative and productive in their efforts to get the show ready by its November 17 debut.

Working as the sound board operator, I learned how to make sure that everything (all the sound) went on when it was supposed to. I was able to control the direction of the play since the sound played a vital, pivotal role in the play. But, I found that if the cues were correctly called and followed, sound, light, and actors made the play an outstanding effect.

"The play was thought-provoking, and the third scene was a mystery since you didn't know whose apartment it was," said one audience member. I personally felt that if you lost track of the play in the first scene, you would not get anything in the last two scenes. I feel that the play was a success and that any future production by Chapel Players with the assistance of Mike Cesarano will be just as big a success.

"A \*\*\*\* performance." - C. Kaiser

Are you angry, upset, or concerned about a school issue?  
Let your voice be heard!  
Write a letter to the Editor.  
Letters may be placed in the The Spirit mailbox located in the Admissions office.



# A Shooting Star

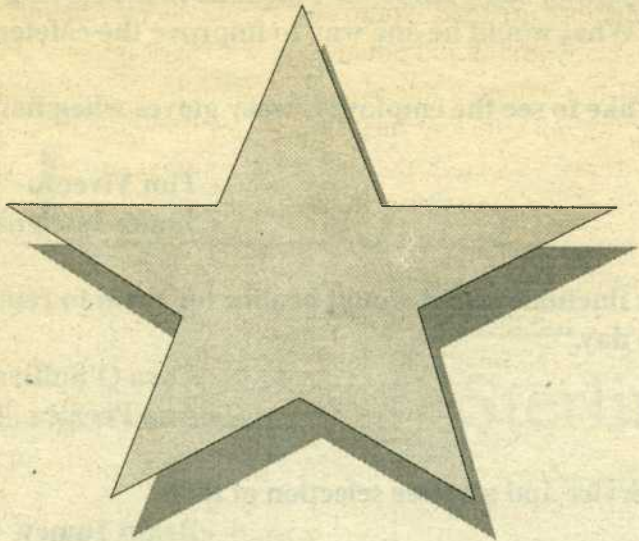
By Michele Smith

Have you ever seen a shooting star? It is an incredible experience to watch a shooting star on a clear night. It is a bright light surrounded by a softly glowing cloud which seems to shoot through the sky and after only a moment it is gone. It is so pure and full of energy that it leaves you in awe. It is very mysterious but undeniably beautiful. When the shooting star dies, it bursts and drops its fragments onto the earth.

I met Nora Keane two years ago. She had just been diagnosed with leukemia, which is cancer of the blood. She was only twelve years old. In the time I knew her, I was very impressed with how strong she was. She attended my high school and she was warm and friendly to everyone. Her loveliness attracted a large group of friends even though she was in and out of hospitals for chemotherapy treatments and bone marrow transplants. Nora didn't let the change in her appearance and health change her. She always seemed happy and eager to go to school between treatments. Nora died on Saturday night.

Nora was like a shooting star. She was pure and full of energy and strength. Even though she was pale and thin with a scarf tied around her head to hide the hair loss, she was always smiling. There was a softly glowing aura of strength and determination surrounding her. It is a heartbreaking mystery why someone so young and beautiful must die. But, like a shooting star, when it drops its fragments on the earth, Nora left a piece of her strength and courage in everyone who knew her.

There are millions of stars in the sky, as there are millions of people in this world. But the brightness, purity and mystery of a shooting star is special. It wasn't the length of her life but the essence of her life that made Nora so exceptional.



# The Windows To The Soul

By Michele Smith

Alzheimer's disease is a merciless thief. If "the eyes are the windows to the soul" as Shakespeare wrote, then Alzheimers robs people of their souls.

Grandma's photo album contains a black and white glossy of a handsome young soldier sitting in front of a canvas tent with his helmet at his side. His jet black hair with a widow's peak seems to be blowing in response to a slight wind. His high cheeks and strong chin sport a slight shade of unshaven growth. He looks tired, but his eyes are sharp, light, amused and clear. The inked entry says November, 1941.

Each turn of the pages of the album reveals the different stages of my grandfather's life. The smiling young man is surrounded by his three toddler daughters, laughing as he turns his wife sideways to display her enlarged abdomen in the advanced stage of pregnancy, building sand castles on a beach as his daughters play in the water.

I continue to flip the album pages through graduations, weddings and baptisms. Time adds wrinkles and streaks of silver on the black hair but he beams at the camera with pride. June, 1976, still handsome, totally gray and serious, he stands with his retirement reward surrounded by family and friends. His eyes are intelligent and alert.

I am in the next group of pictures. He is sitting in a chair, smiling at three year old me dressed in pajamas, pearls and grandma's high heels. He is pulling me on a sled across a snow filled yard. I am sitting on his lap driving his tractor. Now there are wrinkles around his bright blue eyes but I can still see the kindness, love and alertness in his gaze.

The photos show me progressing in age. Christmas of 1986 he is sitting to the side watching my sister and I open gifts but something in his eyes has changed. Thanksgiving of 1987, his eyes have become dim. Christmas of 1990, his eyes are lonely, sad and isolated as he is pictured unsmiling in the corner surrounded by laughing grandchildren.

Summer of 1992, the photo is startling. My grandmother smiles at the camera, her arm protectively around the frail old man who is staring blankly ahead. His blue eyes are bewildered and frightened like those of a lost child. Shortly after this picture was taken, I heard my grandfather ask, "Remember that man - that man that was me?" "Yes", my grandmother answered. "What was my name?" "Mike Cagney" she replied softly. For a moment his eyes lit up. "Yes, that's right. Mike Cagney. He was a good man." The next time I saw my grandfather, his eyes were totally vacant - a void.

1995 marks a new beginning for The Spirit. As a symbol of the rebirth, this year's staff has decided to start fresh. This edition of The Spirit has been labelled Vol. 1, Iss. 1, to represent the new times ahead.

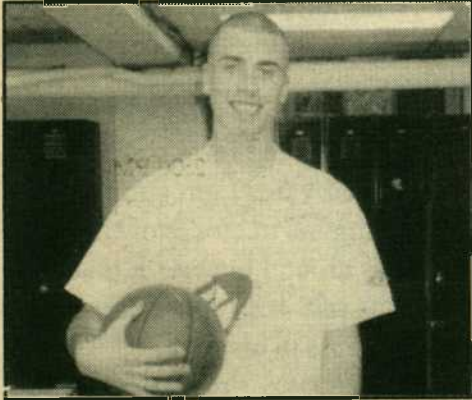
**Do you have problems?  
Can't solve those daily blues?  
Need an answer to your questions?**

**Then submit your questions for Mr. Spirit to answer. Mr. Spirit is ready to give you advice on school, teachers, friends, family, etc. All you have to do is ASK!! Just leave your questions in The Spirit mailbox in the Admissions Office.**





## Student Spotlight



By Brendan Mohan

Playoffs are an exciting time in the NBA. Not only for the players, but also the ballboys. Last year was my first year as a New York Knick Ballboy. The regular season was the most thrilling experience that I have had in my life. I was able to meet and spend time with many of my favorite NBA players. I watched NBA players react to different situations and I learned a lot about the game of basketball.

However, nothing was more exciting than my first playoff series. The Garden was packed with loyal Knick fans cheering for their team. The atmosphere was totally different from that of the regular season. There was a laser show performed while the players were introduced that was tremendous and the half time shoot outs added to the fun.

Notice how I haven't even mentioned the game yet. The festivities were only a preview of the excitement to come. The players were intense and wanted to win. As I warmed up Derek Harper, I can remember seeing the anxious look in eyes. Ready to play, I knew he could not wait to step foot onto court. As soon as he did, he let his mind and heart take over. He just moved and reacted to the ball. I loved watching the games and found myself cheering with the fans. As a matter of fact, so did the rest of the ballboys. The emotions and feelings I experienced at the games are something I will never forget.

## REVIEWS

### Powder

By Christina De Garay

Powder is arguably the best movie of 1995 to date. If you're looking for a movie that shares a quality category with *The Lion King* and *The Big Green*, *Powder* is for you.

This touching movie is about a boy who is endowed with special powers during the unlikely event of his "electric" birth. Starring Sean Flannery, *Powder* is an albino genius with special electromagnetic and "supernatural" powers. He was raised by his grandparents on a lonely farm, isolated from the world and all of its evils. When his grandparents died, he was forced to go to a home for orphans and troublesome boys. He quickly learns about the evil that other humans do and is not pleased by it. Because of his unusual physical features and incredible powers, he is labelled, "a freak" and is feared by almost all. These powers are not all condemning and horrible; he is not afraid to use them for good - or to get what he wants. The plot moves right along when he starts "teaching" people why they should not hurt animals, other people etc. There is a main sub-plot concerning a police officer's wife and son. Although he has almost no relational experiences of his own, *Powder* plays an integral role in resolving conflicts and reuniting a family.

*Powder* contains minimal violence, and no pornography. It is an inspiring screenplay and I recommend it whole heartedly.

### Kenny G's "Miracles: The Holiday Album."

By Gene Adele Hoge

Looking for a little holiday music to curl up to this season? Why not try Kenny G's "Miracle: The Holiday Album." A 1994 release, it contains renditions of seasonal favorites such as "Winter Wonderland" and "Silver Bells"; religious songs "Silent Night" and "The Chanukah Song"; and traditional Christmas songs like "Have Yourself a Merry Little Christmas." My personal favorite is Kenny G's incomparable version of "Brahms Lullaby." His stylistic mastery of the saxophone and the arrangements of songs makes this album a true classic.

### The Cafeteria...

#### What would you like to see improved?

By Seth Broidy

Here is a sample of some students' reactions to the Roving Reporter's question: "What would be one way to improve the cafeteria?"

"We would like to see the employees wear gloves when handling the food."

- Tim Vivento '99  
- James Lucignano '99

"The prices fluctuate and it would be nice for them to remain steady from day to day."

- Cara O'Sullivan '99  
- Ana Peraica '99

"Quicker service and a better selection of food."

- Brian Tomey '98  
- Tara Sanfilippo '98

"Whenever I walk into the cafeteria, the tables are always dirty."

- Theresa Scannapieco '98

One answer to these people: "Bring your own food."

- Danielle Rondello '99

#### Editor's Note:

A Senate Cafeteria Committee has been formed and has met with Mr. Mike Kamamis on October 20, 1995. A summary of the issues and conclusions reached has been submitted to Mr. Kamamis concerning cafeteria operations and service. The Committee will monitor the situation and review it in one month. For additional information, contact Sherrie Van Arnam.

*Merry Christmas!*

*-The Spirit Staff*



## MEN'S BASKETBALL REMAINING SCHEDULE

|             |            |                                      |           |
|-------------|------------|--------------------------------------|-----------|
| Tue. ,      | Dec. 5     | @ Valley Forge College               | 7:00 PM   |
| Sat. ,      | Dec. 9     | @ Webb Institute                     | 2:00 PM   |
| Mon. ,      | Dec. 11    | @ Polytech. Univ.                    | 7:30 PM   |
| Sat. ,      | Jan. 6     | Vs. BARUCH COL.                      | 7:30 PM   |
| Thur. ,     | Jan. 11    | Vs. POLYTECH. UNIV.                  | 7:30 PM   |
| +Sun. ,     | Jan. 14    | Vs. ALBANY PHARM                     | 2:00 PM   |
| Tue. ,      | Jan. 16    | @ C.C.N.Y                            | 8:00 PM   |
| Wed. ,      | Jan. 24    | @ Pratt Institute                    | 7:30 PM   |
| Sat. ,      | Jan. 27    | Vs. YESHIVA UNIV.                    | 8:15 PM   |
| Wed. ,      | Jan. 31    | Vs. VASSAR COL.                      | 7:00 PM   |
| Sat.-Sun. , | Feb. 3-4   | @ Bard College Tournament            |           |
| Tue.,       | Feb. 6     | Vs. BROOKLYN COL.                    | 7:30 PM   |
| Thur.,      | Feb. 8     | @ Mount Saint Vincent                | 7:30 PM   |
| Sat.,       | Feb. 10    | Vs. S.U.N.Y. PURCHASE                | 2:00 PM   |
| Mon.,       | Feb. 12    | Vs. CENTENARY                        | 8:00 PM * |
| Fri.- Sat., | Feb. 16-17 | @ St. Joseph's, Patchogue tournament |           |
| Tue.,       | Feb. 20    | Vs. PRATT                            | 7:30 PM   |
| Thur.,      | Feb. 22    | Vs. S.U.N.Y. OLD WESTBURY            | 7:00 PM   |
| Sat.,       | Feb. 24    | @ Vassar College                     | 7:00 PM   |
| Mon.-Wed.   | Feb. 24-26 | H.V.M.A.C. Tournament                |           |

\*Preceded by Women's Basketball Game  
+To be re-scheduled

Head Coach: Michael Williams  
Colors: Blue and White  
Nickname: Bears  
Home Court: Bishop Loughlin High School

## WOMEN'S BASKETBALL REMAINING SCHEDULE

|                 |            |  |           |
|-----------------|------------|--|-----------|
| Wed.            | Dec. 6     | Vs. YESHIVA UNIVERSITY                         | 8:00 PM   |
| Fri.-Sat.       | Dec. 8     | @ Gallaudet University<br>Christmas Tournament |           |
| Wed.-Thur.-Fri. | Dec. 27-29 | @ College of Staten Island<br>Tournament       |           |
| Sat.            | Jan. 13    | Vs. SAINT JOSEPH'S<br>(PATCHOGUE)              |           |
| Sun.            | Jan. 21    | @ Albany Pharmacy                              | 2:00 PM   |
| Mon.            | Jan. 22    | Vs. COL. OF NEW ROCHELLE                       | 7:00 PM   |
| Thur.           | Jan. 25    | @ Yeshiva University                           | 8:00 PM   |
| Mon.            | Jan. 29    | Vs. STEVEN'S TECH                              | 7:00 PM   |
| Thur.           | Feb. 1     | Vs. MARYMOUNT COL.                             | 7:00 PM   |
| Sat.            | Feb. 3     | @ Brooklyn College                             | 7:30 PM   |
| Mon.            | Feb. 5     | @ Mount Saint Vincent                          | 7:00 PM   |
| Wed.            | Feb. 7     | @ College of St. Elizabeth                     | 7:00 PM   |
| Thur.           | Feb. 8     | Vs. LEHMAN COLLEGE                             | 7:00 PM   |
| Sat.            | Feb. 10    | @ St. Joseph's College                         | 8:00 PM   |
| Mon.            | Feb. 12    | Vs. CENTENARY COLLEGE-<br>Senior Night         | 6:00 PM * |
| Wed.            | Feb. 14    | @ Lehman College                               | 6:00 PM   |
| Fri.            | Feb. 16    | Vs. BROOKLYN COLLEGE                           | 7:00 PM   |
| Mon. comi       | Feb. 19    | @ New Jersey Institute of Tech.                | 7:00 PM   |
| Wed.            | Feb. 21    | @ Steven's Tech.                               | 7:30 PM   |

\* Double Header--Men play at 8:00 PM

## F.Y.I.

The GRE will be given April 13, 1996. If you are interested in taking the test, write to:

Graduate Record Examinations  
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# Spirit Sports



Vol. I, Iss. I Saint Joseph's College, Brooklyn, NY Dec., 1995

## Bears Volleyball Makes SJC History

By: Tai M. Lee, Jr.

Fall '95 introduced a new leaf into the pages of the history books here at St. Joseph's College. For the first time in history, a volleyball team was created. The team consisted of: Noreen Steffens (Captain, senior, 5'6"), Eileen Gillen (junior, 5'9"), Nicole Graiff (junior, 5'7"), Collen Kelly (junior, 5'5"), Cathyann Geenidge (sophomore, 5'6"), Yanira Negron (sophomore, 5'8"), Lisa Flanigan (freshman, 5'2"), Jarinyar Kanchanawong (freshman, 5'10"), and Lisa Zopoth (freshman, 5'5"). The Lady Bears continued to write into the history books with their first win on Wednesday, September 12 at the College of New Westbury and finishing off the season 4-13.

This unique arrangement of characters gave life to the team. They had learned the three most important aspects of sportsmanship - team work, dedication, and commitment. Through all the wins, and the losses, the team became a single unit. Team captain Noreen Steffens (who happens to be graduating this year) felt that the team had a good first season, especially for the freshman "who made the excellent transition from high school to college." Although she is sad to be leaving her team mates this year, Noreen feels that they will have an excellent season next year. She believes that the team had good returning team mates that know how to work with each other now. Team members Nicole Graiff, Colleen Kelly, and Jarinyar Kanchanawong felt that team was off to a good start and that everyone got to know each other. Nicole says that next year shows promise through increased team work and a better trust among the team mates both on and off the court.

Colleen felt that Fall '95 was productive and that Coach Lori Goodwin made volleyball fun and exciting to all on the team. Cathyann Greenidge said that "coach is inspirational and always smiling." Lisa Zopoth and Yanira

### The Lady Bears' 1995 Season

| OPPONENT:                          | RESULT:            |
|------------------------------------|--------------------|
| College of Old Westbury            | WIN                |
| BROOKLYN COLLEGE                   | Loss               |
| Steven's Institute*                | WIN                |
| Maritime                           |                    |
| St. Joseph's - Patchogue           | Loss               |
| Ramapo College Tournament          | Loss               |
| College of Staten Island           | Loss               |
| College of New Rochelle            | Loss               |
| Brooklyn College                   | Loss               |
| SARAH LAWRENCE COLLEGE             | Loss               |
| SUNY - Purchase                    | Loss               |
| Polytechnic University             | WIN                |
| New Jersey Institute of Technology | Loss               |
| WIAC Tournament                    | Loss               |
| College of St. Elizabeth           | Loss               |
| Centenary College                  | WIN                |
| College of Staten Island           | Loss               |
| TOTALS.....                        | 4 Wins - 13 Losses |

Negron felt that Coach Goodwin was a great coach, for it was her first season too. Jarinyar commented that Coach Goodwin was happy with this season's record and will continue to work on the team next year.

What did the Lady Bears think of when 1996 was mentioned? To put it plainly, they felt it was going to be a great and optimistic season and that they were going to do better. Lisa Zopoth said that the team has "gotta win more" and Cathyann predicted that "We gonna win more." It seems to be that these women will take on the challenge ahead of them and try to overcome the opposition without breaking a sweat. The girls feel confident and are awaiting the approach of Fall '96.

The freshman players, too, had an interesting season. Starting in Au-

gust for training, the girls had the opportunity to meet new people and discover what the school was all about before even having to step foot into a class room. Jarinyar was glad to have the chance to meet the team and she "got to know people before school started," and she had told us that she loves the sport of volleyball and will continue to play. Lisa Zopoth liked the friendly atmosphere both on and off the court.

In other history-setting news, St. Joseph's College is looking into the formation of a men's volleyball team, especially since the women proved themselves to be a great team. The students of all the teams here at St. Joe's show great team work, dedication, and commitment to what they do and what they want to achieve in the near future.

## The SJC Bear Blues

By Lorna Nembhard

On Saturday, November 11th, the Bears and Lady Bears of St. Joseph's College began their season. The double header game made everyone take notice of a team of whom they had basically never heard. Practible Bible is a team however that will stay on the mind of both the Bears and Lady Bears. Maybe their bright yellow uniforms blinded the St. Joseph's teams, because there was definitely something amiss on the court.

The Lady Bears looked strong in the beginning of the game and were only down by ten at halftime. However, Practible Bible would not relinquish their lead. Instead, they built on it. With Bobbie Joe making all her free throws and shooting brilliantly from the outside, Practible dominated the second half en route to a 28-point victory. St. Joseph's played hard. Christine Rocca had eleven points, two rebounds, and two steals and Colleen Kelly hit two three pointers in the Lady Bears defeat.

In the second game of the doubleheader, the men's team looked good and took a quick ten point lead. Nevertheless, that lead would be gone within minutes as the Practible Bible team was just too much to handle. Even with three players in double digits in points and an excellent outside game, the Practible Bible team went on to win 84-54. With more than twenty turnovers in the game, the St. Joseph's Bears killed any chances of success. Andrew Sikiric had fifteen points, Bobby Reagan had twelve, and Norman Torres had ten to lead the Bears.

GOOD LUCK NEXT YEAR!!!!